

## ENTRY FORM

### Vulture Bait 25K, 50K & Soiled Sport 10K Trail Race October 18, 2008

Select:                    10K      25K      50K  
Until Sep 10/08:  \$30    \$50    \$60  
After Sep 10/08:  \$40    \$60    \$70

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov/State: \_\_\_\_\_

PC/Zip: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: MM \_\_\_\_\_ DD \_\_\_\_\_ YY \_\_\_\_\_

Sex:     Male       Female

Number of additional banquet tickets: \_\_\_\_\_  
(\$15 for adults, \$8 for children)      adult    child

Total \$ included \_\_\_\_\_

#### Mail to:

Vulture Bait Trail Races  
1905 Dundas St.  
PO Box 40097  
London, ON N5W 2G3

Cheques payable to: "Vulture Bait Trail Run"

Online entry at [www.onlineregistrations.ca](http://www.onlineregistrations.ca)

**Don't forget to sign the  
waiver at right >>**

## WAIVER (must be signed)

To participate in this event of the Ontario Ultra Series in 2008, I accept all rules and regulations of the Ontario Ultra Series and of the specific event I am entering and will comply fully with them. I am aware that a run of the distance and conditions specified for the specific event I am entering may be extremely difficult and hazardous even for well conditioned athletes under the most favourable conditions. I am also aware of the risks of adverse weather conditions, which may accompany the event on the day of my participation. I understand that I should not participate in this event unless: 1) I am in excellent physical condition, 2) I have trained adequately for this event, and 3) I have no medical condition that might be worsened by vigorous activity. Knowing these facts, and in consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive, release and discharge the Ontario Ultra Series and all its officials, the Ontario Roadrunners Association, the Ontario Track & Field Association, all the various sponsors, the Race Director and their staff, agents, officials, volunteers (including medical volunteers) or any other person involved in this specific event, all government or private jurisdictions in which the specific event may take place including but not limited to the Hamilton Region Conservation Authority, the Cities of Toronto, Owen Sound, Ottawa, Kingston, the Royal Military College, the Optimist Club of Kitchener Waterloo, the Bruce Trail Association, the Halton Conservation Authority, the Haliburton Forest & Wildlife Reserve Ltd., the Grand River Conservation Authority, the Pinehurst Lake Conservation Area Authorities, the City of London, the London Pacers Running Club, the Upper Thames River Conservation Authority and the Fanshawe Conservation Area from any and all claims of liability, for any and all injuries to me (including, but not limited to death), or my property arising out of, or in connection with, this event and covenant not to sue for damages with respect thereto. This release extends to all claims of every kind and nature whether foreseen or unforeseen, known or unknown. I declare that I am physically fit and sufficiently trained to participate in this event and assume all risks associated with such participation in such an event. Finally, I hereby grant my permission to the race organizers to use my name and any photographs, videotapes, recordings, or any record of my participation in this event for any purpose.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_